Directions to ƛ̓éxətəm Regional Park (Colony Farm) and the VARC Banding Station?

Please note that we are closest to the Shaughnessy Street (EAST ENTRANCE) to the park, NOT the community gardens on Colony Farm Road which is a 15/20-minute walk across the park. Please do NOT use Google Maps or GPS as they will take you to the wrong entrance!

FROM THEWEST:
Take Highway 1 east. Take exit 44 for United Blvd/British Columbia 7B E / British Columbia 7 E. As soon as you exit, stay left for 7B to continue toward Mary Hill Bypass. Merge onto Mary Hill bypass. Turn left at the first traffic light which is Shaughnessy St.
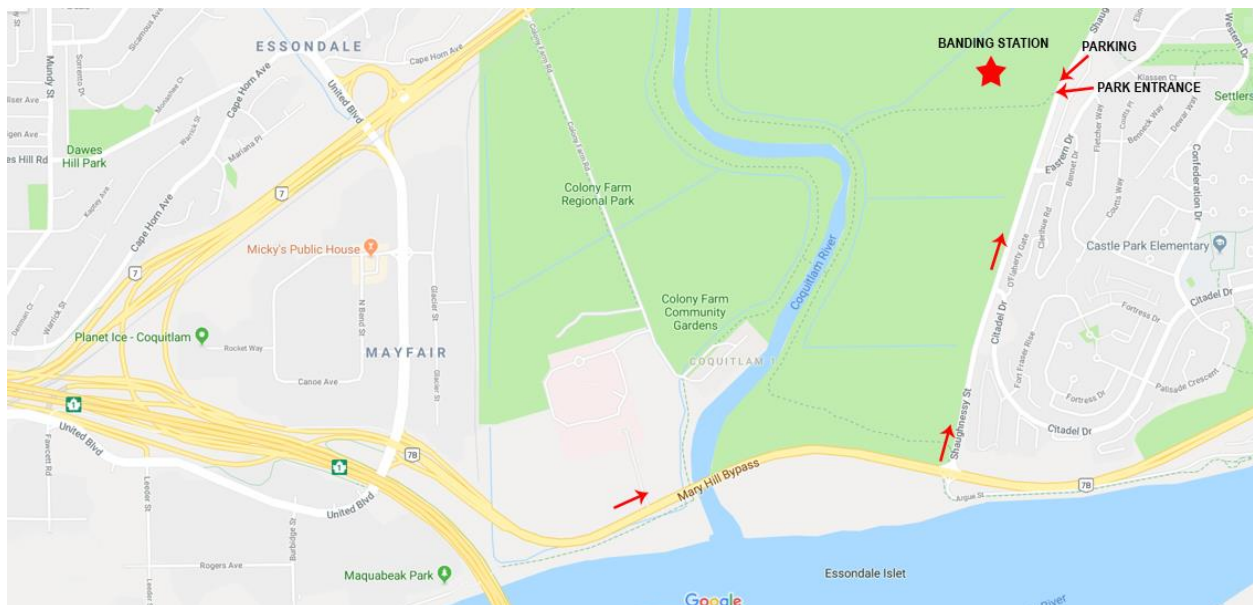
FROM THE NORTH / EAST:
From Lougheed Hwy, take the British Columbia 7 Business/British Columbia 7B exit toward Trans-Canada Highway/Vancouver/British Columbia 1. Merge onto Mary Hill Bypass and after about 5 km turn right at the traffic lights. This is Shaughnessy St.

FROM THE SOUTH / EAST:
Take Highway 1 west – WATCH FOR **EXIT 44 BEFORE** GOING OVER THE BRIDGE **(you need to be over in the right-hand lane well before the bridge).** After crossing Port Mann Bridge take Exit 44 for BC 7 toward United Boulevard. Keep right at the fork and continue toward United Boulevard. Keep right at the next fork and follow signs for United Bld. S/ British Columbia 7B E and merge onto United Blvd. Turn left onto the BC 7B E ramp and merge onto Mary Hill Bypass. Turn left at the first traffic light; this is Shaughnessy St.

ALL ROUTES
Once on Shaughnessy Street, about half a mile along on the left-hand side (through one set of lights) is the Shaughnessy Street entrance to Colony Farm Regional Park (blue star on map). There is ample parking along the road here.

Walk through the yellow metal swing gate and down along the trail (Pumphouse Trail) and in to the park – You will pass a small wetland on the right – 200 yards after the wetland there are two metal gates (Pedestrian & Vehicle) on the right-hand side and a 'Wildlife Habitat Area – Research Personnel Only' sign – walk through the Pedestrian gate

COLONY FARM REGIONAL PARK

Legend:

- **?** Information
- **P** Parking
- Toilets
- Bus Stop
- Picnic Area
- Viewpoint
- Regional Park
- No Public Access
- Wetland
- Bridge
- Gate
- Distance Marker
- Dyke
- Railway
- Hiking Trail
- Hiking/Cycling Trail

metrovancouver

HOW TO GET THERE

From Hwy 1, take Exit 44 (Cape Horn Exchange) and follow signs to Lougheed Hwy (Hwy 7) east. Continue travelling east on Lougheed Hwy to the traffic light at Colony Farm Rd. Turn right and continue 1 km to the main parking lot.

0   0.5   1.0 km

N

SHEEP PADDOCKS TRAIL CLOSED

Lougheed Hwy

Pitt River Rd

RED BRIDGE

Port Coquitlam

RIVERVIEW HOSPITAL

Cape Horn Ave

Mundy Creek

Coquitlam

SHEEP PADDOCKS TRAIL

1.7 km

WILSON FARM DYKE TRAIL 1.4 km

Banding Station

Wildlife Habitat Area No Public Access

MUNDY CREEK TRAIL

COLONY FARM ROAD TRAIL 1.7 km

HOME FARM DYKE TRAIL 1.8 km

Colony Farm Rd

PUMPHOUSE TRAIL 0.7 km

Eastern Dr

MAYFAIR INDUSTRIAL PARK

HOME FARM

SUSTAINABLE AGRICULTURE TRAINING CENTRE

VILLAGE GREEN

COMMUNITY GARDENS

GARDEN TRAIL 0.4 km

PUMPHOUSE

MILLENNIUM BRIDGE

WILSON FARM DYKE TRAIL 1.9 km

FIELD MANAGEMENT AREA

Shaughnessy St

Mary Hill Residential Area

Citadel Dr

KWIKWETLEM FIRST NATIONS LAND

Coquitlam River

Wildlife Habitat Area (No Access)

POCO TRAIL 0.6 km

CF RAIL

FORENSIC PSYCHIATRIC INSTITUTE

Coquitlam River Wildlife Management Area Managed by Province of B.C. (604-582-5200)

Mary Hill By-Pass

Mary Hill By-Pass

POCO TRAIL

TO MINNEKHADA PARK

Fraser River

04/10